

# Do I need a vaccine this winter?



Derby and Derbyshire

A guide to navigating your winter vaccines

**You can get a Respiratory Syncytial Virus (RSV) vaccine if:**

You are aged 75 and up to your 80<sup>th</sup> birthday

You are pregnant (from 28 weeks)

You can get the RSV vaccine at any point throughout the year

**You can get a Covid vaccine if you are:**

You are aged 75 or over

You live in a care home for older adults

You have a weakened immune system and are aged 6 months and over

**You can get a flu vaccine if you are:**

- pregnant
- a school aged child
- a child aged 2 or 3 years
- a child in a clinical risk group
- aged 65 years and over
- aged 18-65 and at risk
- a carer
- a close contact of someone with a weakened immune system
- a frontline health and social care worker
- an adult in a long-stay care home



**Book your vaccine for free on the NHS website or call your local GP**

